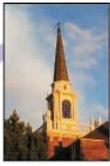


# FCCB THE CARILLON



First Congregational Church of Berkeley • United Church of Christ • Berkeley, California

November 18, 2018 • Vol. 72 • No. 41

## THANKSGIVING SUNDAY

1 Peter 3:8-17

10:00

**Worship**, Phil Porter, preaching; Amar Khalsa, musician; Elizabeth Forsyth, organist; Derek Tam, music director, *Sanctuary*

**Musical Highlights**, "Sonata No. 8" from *Sonate concertate in stil moderno, libro primo* by Dario Castello (c.1590-c.1658); MUSA: Lindsey Strand-Polyak, violin; Anna Marsh, bassoon; Gretchen Claassen, cello; Derek Tam, harpsichord; *Creation* by William Billings; Sanctuary Choir

11:15

**After Party**, Terrace

11:45

**2019 Budget Information Meeting**, Presentation of the preliminary budget, *Sanctuary*

11:45

**Learning Hour**, Learning about Aging from Our Elders, *Loper Chapel*

## Berkeley Half Marathon Cancelled

Due to the smoke in the air, the Berkeley Half Marathon, which had been scheduled for this Sun., Nov. 18, has been cancelled.

## Holiday Cards for Second Sunday Sandwiches

Please join **Richard Brabham** before and after worship this **Sun., Nov. 18**, to help prepare **holiday cards** to be put in the **Second Sunday Sandwiches bags** on **Sun., Dec. 9**. Preparing ahead helps things go smoothly later! Cards are already purchased. Look for Richard at a table on the **Terrace** (or in the **Hall of Entrance** if outside air quality is poor).

## Learning about Aging from Our Elders

Now that so many of us are living longer, we are — in our 30s, 40s, 50s, 60s, and 70s — wondering what the 8th, 9th and 10th decades of our lives might be like. This **Sun., Nov. 18**, from **11:45 am–1 pm** in **Loper Chapel**, you are invited to listen to and ask questions of a panel of several of our 85+-year-old members. Here at First Church, we are blessed with a wealth of elders who are walking the path ahead of us, and we are hoping to learn from their experience. All are welcome!

## Parent Circle of Sharing & Support this Sunday

Because we are a church who recognizes the challenges of parenting children of all ages, we continue our **Parent Circle for Sharing and Support** around our individual efforts at **Compassionate Communication** this **Sun., Nov. 18, 11:45 am–1 pm** in the **Pillar Room**. **Rachel Bauman** will facilitate and **FamChY's Sustainable Families Work Group** will host. All are welcome! Prior participation in Compassionate Communication workshops is not required. Childcare will be provided in the play yard.

## Transgender Day of Remembrance 2018

Join us in observing the **Transgender Day of Remembrance** on **Tues., Nov. 20 at 6 pm**, with a vigil and reading of the names of our transgender siblings who have been killed in the past year.

All are welcome, regardless of your faith tradition. There will be candles, singing, prayer, poetry and silence. The event will take place in the **Sanctuary**.

Since this is a hard day for many trans folks, a livestream will also be available for those who would still like to be among community while staying in.

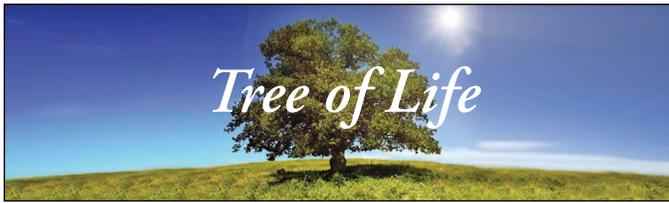
And in recognition that we must celebrate trans life as well as honor those we've lost, our worship the following **Sunday (Nov. 25)** will be a celebration of the **Trans Day of Resilience/Resistance**.



Transgender Day of Remembrance was first commemorated in 1998 in Boston, MA. Since then the event has taken place in many parts of the world usually in late November.

The 2014 Lesbian, Gay, Bisexual, Transgender,

Queer and HIV-affected Hate Violence Report from the National Coalition of Anti-Violence Projects shows that of the victims murdered, 80% were people of color, 55% were transgender women and 50% were transgender women of color. Transgender women survivors of hate violence were also more likely to experience police violence, physical violence, discrimination, harassment, sexual violence, threats and intimidation compared to those who were not transgender women.



Continued healing prayers for **Carol Copeland, Dane Isaac, Larana McVay, Judy Norberg and Soyinka Rahim.**

**Dick Erickson's** memorial service will take place on **Sun., Dec. 9 at 2 pm** at the Cal Alumni House (1 Alumni House, Berkeley). Cards may be sent to the family, in care of Sally Erickson Mehaffey, 1025 Windsor Dr., Lafayette, CA 94549.

## All Church 2019 Budget Meeting this Sunday

The **Strength in Numbers (SiN) Committee** is a cross-section of our membership charged with tackling church growth and finances head-on on an ongoing basis. SiN met throughout 2018 and rolled out big picture solutions to be put into practice, when developing the 2019 budget and planning for the future, to **Stewardship, Finance & Administration (SF&A)** and its budget subcommittee. The 2019 budget will reduce the budget deficit at least 75% through a combination of cost savings via reevaluating personnel, ministry/program and debt expenses. This leaner, lighter budget will give us the runway we need to prepare for future growth.

The preliminary budget will be presented to the congregation at an **informational meeting** this **Sun., Nov. 18 at 11:45 am** in the **Sanctuary.**

Come hear where we are, where we're headed and offer your input. SF&A will vote on the budget on **Sun., Dec. 4**, followed by a **Church Council** vote on **Tues., Dec. 18**. The final budget will be presented to the congregation in January.

### Sunday Video

You can view the video from the **Sun., Nov. 11, 10 am** service [here](#).

## THE CARILLON

Margaret Copeland, Editor  
Phil Porter, Minister of Art & Communication  
Weekly deadline: 9 am Friday  
Email submissions to: [mcopeland@fccb.org](mailto:mcopeland@fccb.org)

*All submissions are subject to editing.*

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## The View from Here

**Carolyn Ash**

**Director of Children and Family Ministries**



### When do you feel the most grateful?

I love that it's November because I can keep talking about gratitude even though our Gratitude Cycle-themed Pledge Campaign is over. I've been asking people, "When do you feel the most grateful? How are you celebrating Thanksgiving? Do you have a gratitude practice?" Here's what my friends within and beyond our church family have said:

- During yoga, I breathe in gratitude for my able body and breathe out gratitude for my present mind.
- When friends do something generous for me, I have them over for a meal to thank them.
- Whenever I'm in my car, because I'm so grateful that I can afford one, I have a no-complaining rule for myself.
- When I'm hiking, I pretend that the beautiful views I discover were created just for me.
- My first bite of dinner, I pause to appreciate the flavor, and thank the soil, people and machines that participated in its perfection.
- Writing a thank you card is an instant mood shifter when I'm feeling ungrateful.
- When someone says something that triggers me, and I remember to use my Non-Violent Communication skills and respond with curiosity or empathy instead of judgment or defensiveness, I am grateful for this practice and my commitment to learning it.
- I donate monthly to the church I love!
- I volunteer at the church I love!
- When I sit in worship listening, singing and praying.

My current favorite gratitude practice is *noticing* when I've pulled through to the other side of grief and have moved from heavy pain to calm acceptance. I enjoy memories again, recognize the gifts I received from the person I lost and look forward to the future with curiosity and optimism.

When I learned about the new plans of Pastors Rachel and Phil that would take them away from us, I felt deep sadness, insecurity and denial. I couldn't imagine this church without them or doing my job here without them. And then in the midst of this expressing my sadness through tears, I realized that my grief was so strong because Rachel and Phil's contributions to my life have been so strong. I have learned so much about leadership and God through them and have been permanently changed for the better. And I have started feeling genuinely excited for them that in their new communities, they can continue to be changed, and those new communities get to experience Rachel and Phil.

*Let all that I am praise the Lord; may I never forget the good things God does for me... God redeems me from death and crowns me with love and tender mercies. God fills my life with good things.*

— Psalm 103:1-5, NLT

## “For Thine is the KIN-dom!” Advent Crafts Workshop

Some of you may have noticed in Sunday’s bulletin the use of “Kin-dom” in the Lord’s Prayer. First Church has a long and proud tradition of inclusivity, reflecting gender neutrality in prayers, sermons and song lyrics. One challenging word is “Kingdom.” Try googling this. There are synonyms but nothing quite fits!

At the recent meeting of the **Worship & Spiritual Life** ministry, it was suggested that a fitting alternative would be “Kin-dom.” The use of this “word” removes the allusion of gender and replaces it with a reminder that we are all members of the family of God. After a brief discussion, the ministry members voted unanimously to have this reflected in the weekly order of worship and on the overhead screens.

Another proud First Church tradition is that all things of this nature are optional! Words matter. This is simply an option being offered. The Worship & Spiritual Life ministry and First Church staff honor what best portrays your God.

## Hanging of the Greens

The season of Advent begins on **Sun., Dec. 2**. The day before that, members of First Church will gather for the **Hanging of the Greens** and transform the



Sanctuary for the season. Join **Phil Porter** on **Sat., Dec. 1** at **1:30 pm** (note the new time, which is different from past years) to

put up the trees, decorate the pews, haul down the Advent wreath and its stand, hang the Christmas bunting on the front of the balcony and put up the Advent banners.

Come for as little or as much of the time that you are able. Treats will be on hand and we’ll have some activities for younger kids.

On **Sun., Dec. 9**, the whole church is invited to take part in the **Advent Crafts Workshop** after worship at **11:45 am**. Folks will gather in the **Pillar Room**



around several different tables creating a whole variety of Advent and Christmas crafts.

**All of the crafts this year will use “repurposed” materials.** If you have **cardboard egg cartons** or t-shirts you don’t wear anymore, please bring them to **Carolyn Ash** at church.

Come and sit next to someone you would like to get to know better. Give them a hand with the glitter and glue! Come out at the end with something to hang on your tree or decorate your home.

## Operation

**Love Notes**, an opportunity to write notes to members of our community who aren’t able to worship with us or who need some extra support, will also take place.



Our regular after-church feast and fellowship will take place with yummy soup and other sweet and savory treats. It promises to be a festive morning!

## Save the Date for the Advent Retreat!

Our **Advent Retreat** this year will be held on **Sat., Dec. 8** from **9:30 am–3:30 pm**. Our Advent theme is “Arrival.” The leaders will be **Rachel Bauman** and **Becky Wright**. Sign-ups will begin after worship on **Sun, Nov. 29** or by contacting **Becky**.

## Did You Know...?

...that **Margaret Copeland**, *Carillon* editor, will be performing with the **California Revels** ([www.californiarevels.org](http://www.californiarevels.org)) on **Dec. 8-9 & 14-16** at the **Scottish Rite Theater** in



Oakland? This year’s theme is *Ancient Mysteries of Andalusian Spain* and, through song, dance, poetry and story, tells of the era of *La Convivencia*, a time when all three cultures — Muslim, Jewish and Christian — lived in a spirit of tolerance and peace.

Contact **Margaret** at [mcopeland@fccb.org](mailto:mcopeland@fccb.org) for a ticket discount code.

## Epiphany Pageant

Be a part of First Church history as an original cast member of the **all-new Epiphany Pageant**, custom written by our own **Kate Lucchese** (who has written pageants before) and starring the **Three Magi, Herod the King** and **The Holy Family**, with a **Shepherd Flashback** and assistance from the congregation as **The Heavenly Host**.

It would take the place of the sermon on **Epiphany Sunday, Jan. 6**, with a single practice from **9 am–12 pm** on the day before, **Sat., Jan. 5**. If you’re interested in being an actor (with or without speaking part), stage manager, set or costume design crew, etc., please take this **poll** (<http://bit.ly/2RVcIj3>) by **Fri., Nov. 30**. If we have enough interest, we’ll go for it and send out scripts!

## Coming Up!

### Hanging of the Greens

Sat., Dec. 1, 1:30 pm, Sanctuary

### Advent Retreat

Sat., Dec. 8, 9:30 am, Loper Chapel

### Advent Craft Workshop

Sun., Dec. 9, 11:45 am, Pillar Room

# THE CARILLON

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## Bits and Pieces

### Deckers November Event

The Deckers will attend a performance of *Messiah* by **Chora Nova** this **Sun., Nov. 18**, in the **Sanctuary at 4 pm**, with a gathering afterwards at **Ann and Joe Jensen's** home for a **potluck supper**. Please plan on bringing dishes to share that can be enjoyed at room temperature.

Tickets (\$25 regular, \$20 senior) can be bought at the door. To RSVP or ask questions, contact Ann.

The **Deckers** is a fellowship group of folks mainly in their 60s-70s. All are welcome!

### FCCB Book Group

The **FCCB Book Group** is meeting on the following **Fridays at 10 am**. All are welcome, even if you haven't read the book!

- **Nov. 16.** *The Hare with the Amber Eyes* by Edmund de Waal at **Anne Rowe's** home.
- **Dec. 14.** *The Ghost Writer* by Phillip Roth at **Mary-Ellis Adams's** home.

For more information, contact **Katie Brookes**.

### Children & Youth News

Parents get a night out when it's **Kids' Night In on Sat., Dec. 8, 4:30–8 pm** in the **Play Yard and Durant House!** Pizza and finger veggies/fruit provided. \$10 per child. For ages 0–11 (12 years if younger siblings are present). Youth 12 years and above are invited to assist if they are Red Cross Babysitter credentialed (contact **Katie Sparks**). Register (required) and get more information at <http://bit.ly/2OEPiMB>.

## Weekly Calendar

### Sunday November 18

#### WORSHIP

10 am, Sanctuary

#### AFTER PARTY

11:15 am, Terrace

#### 2019 BUDGET INFORMATION MEETING

11:45 am, Sanctuary

#### LEARNING HOUR: LEARNING FROM OUR ELDERS

11:45 am, Loper Chapel

#### PARENT CIRCLE OF SHARING & SUPPORT

11:45 am, Pillar Room

#### HOLIDAY CARDS FOR 2ND SUNDAY SANDWICHES

11:45 am, Terrace

#### MENTAL HEALTH SPIRITUAL SUPPORT GROUP

11:45 am, Durant House

#### YES YOUTH GROUP

11:45 am, Tower Room

#### WINTHROP YOUTH GROUP

4 pm, Durant House

### Monday 19

#### MINDFULNESS MEDITATION

6 pm, Loper Chapel

### Tuesday 20

#### REV. MOLLY'S OFFICE HOURS

No office hours this week

#### TRANSGENDER DAY OF REMEMBRANCE VIGIL

6 pm, Sanctuary

### Wednesday 21

#### CHURCH OFFICE CLOSED

#### BIBLE STUDY

7 pm, Durant House

### Thursday 22

#### THANKSGIVING DAY

### Friday 23

#### CHURCH OFFICE CLOSED

### Friendsgiving Friday

Hey, young adults (and young-at-heart): Tired of being a grown-up, but can't get home to Mom's for Thanksgiving? Maybe you even have to *work* on Thanksgiving? You're invited to a **Friendsgiving gathering on Black Friday, Nov. 23**, at **2 pm** (until...?) hosted by **Kate and Robin Lucchese**.

All are welcome who want a homey hangout: bring a board game, more drinks, sides, salads, desserts (leftover swap, anyone!?) or just yourselves! We'll provide a freshly cooked turkey, gravy, smashed potatoes and basic drinks, as well as a tough new jigsaw puzzle, liqueurs and endless Harry Potter DVDs on the telly. RSVP to **Kate**.

### YES & Winthrop News

[thilton@fccb.org](mailto:thilton@fccb.org)

#### YES

- **Sun., Nov. 18, 11:45 am**, Tower Room

#### Winthrop

- **Fri., Nov. 16, 6:45 pm**, Friday Night Hangout at Albany Bowl
- **Sun., Nov. 18, 4 pm**, Tower Room

### Young Adult News

[knovotny@fccb.org](mailto:knovotny@fccb.org)

- **Young Adult Yoga, Thurs., Nov. 15, 5 pm**, Loper Chapel



Top: Sunday School children making a bookmark for the "Hebrew Bible" and one for the "New Testament" with a list of the books of that section's Bible on each bookmark. Bottom: Faithful Second Sunday Sandwich makers.