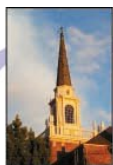


# FCCB THE CARILLON



First Congregational Church of Berkeley • United Church of Christ • Berkeley, California

Nov. 24 & Dec. 1, 2019 • Vol. 73 • No. 23

## NOVEMBER 24, 2019 THANKSGIVING SUNDAY

*Psalm 100 & John 17: 20-23*

**10:00**

**Worship**, Kit Novotny, preaching; Amar Khalsa, musician; Elizabeth Forsyth, organist; Derek Tam, director of music, *Sanctuary*

**Musical Highlights**, "O Praise the Lord of Heaven" by William Billings; Sanctuary Choir

**11:15**

**After Party**, *Terrace*

## DECEMBER 1, 2019

### FIRST SUNDAY IN ADVENT/ALL-AGES WORSHIP/COMMUNION SUNDAY

*Luke 1:26-38*

**Before & after worship**

**Winthrop Wreath Preordering**, Order your Winthrop wreath and pick it up Dec. 8, 15, or 22, *Cloister*

**10:00**

**Worship**, Emerging Leader Emily Carduff, preaching; Amar Khalsa, musician; Elizabeth Forsyth, organist; Derek Tam, director of music, *Sanctuary*  
**Musical Highlights**, "Light One Candle" by Natalie Sleeth, arr. Heather Sorenson; Evan Daugherty, soloist; Sanctuary Choir; Elizabeth Forsyth, organ

**11:15**

**After Party**, *Terrace*

**11:45**

**Ministry Meetings**, see *Calendar* on pg. 4 for room locations

## Advent/Epiphany Devotional

Pick up a copy of this year's **Advent/Epiphany Devotional**, created by the UCC's **StillSpeaking Writers Group** of which our own **Rev. Molly** is a part, in the **church office** now or at the **Welcome Table** on Sundays **beginning Sun., Dec. 1**, the First Sunday of Advent!

## Advent Craft Workshop

Add some sparkle to your Christmas season at the **Advent Craft Workshop!** Come join in the festive atmosphere in the **Pillar Room** after worship on **Sun., Dec. 8** to create ornaments and decorations, and to enjoy fellowship with each other. All are welcome!

## Winthrop Wreath Sale

Winthrop youth will be selling wreaths every Sunday in Advent — **Dec. 1 (to preorder), 8, 15 & 22** — to support their annual summer **Work Camp**. A 10" wreath (with artificial holly berries) is \$25, a 22" wreath is \$35. Wreaths will be sold before and after the worship service in the **Hall of Entrance**. Payments can be made with cash or through [onrealm.org](http://onrealm.org).

## Dec. 8 Mental Health Ministry Forum on Nonviolent Communication

Part of supporting our mental health is the awareness of our own internal dialogue. Learning **Nonviolent Communication (NVC)** skills can help transform challenging messages we tell ourselves and improve our connection with others, which can also improve our mental and spiritual well-being. As part of our Mental Health Ministry Forum series, join **Jim Coates & Louise Halsey** on **Sun., Dec. 8** at **11:45 am** in **Loper Chapel** for a brief exploration of the teachings of Dr. Marshall B. Rosenberg, PhD, author of "Nonviolent Communication: a Language of Life."

## Preaching Schedule

**Sun., Dec. 8**, Molly Baskette

**Sun., Dec. 15**, Music Sunday

## Thanksgiving Sharing

Turkey Day is around the corner! Are you hosting dinner, and do you have room around your table for 1 or 2 more? Are you flying solo on the holiday, and would love some chosen family to feast with? If so, email **Louise Halsey** at [lhalsey@fccb.org](mailto:lhalsey@fccb.org). She'll do some holy traffic direction so that we can live more deeply into our vision of growing in intimacy as the weird and wonderful Body of Christ by breaking bread together in each other's homes! No one need be left out and lonely.

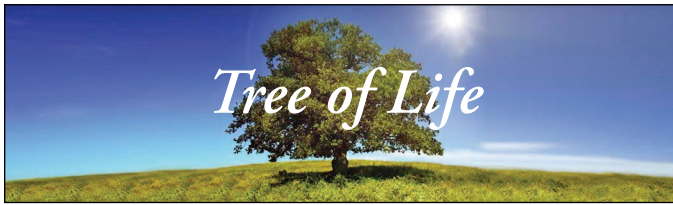
## Hanging of the Greens

Come gather for the **Hanging of the Greens** and join **Kit Novotny** and other church friends to transform the **Sanctuary & Hall of Entrance** for the Advent season on **Sat., Nov. 30, 1–4 pm**. All ages welcome! We will put up and decorate the trees, decorate the pews, haul down the Advent wreath and its stand, hang the Christmas bunting on the front of the balcony, and put up the Advent banners. Come for as little or as much time as you are able. Snacks provided!



## Advent Retreat

Feed your spirit with an **Advent Retreat** right here at church on **Sat., Dec. 7, 9:30 am–3:30 pm, Pillar Room**. The theme is "**What Are You Waiting For?**" We'll spend time with poetry, journaling, and one another with **Molly Baskette** and **Becky Wright** leading. **Sign up online** ([www.firstchurchberkeley.org/advent-retreat](http://www.firstchurchberkeley.org/advent-retreat)) or in the **Hall of Entrance** after **worship**. Cost is \$25 and includes lunch and materials; scholarships available.



Former First Church Associate Minister **Forster Freeman** (1984-1994) died Nov. 5 at the age of 92. He was a beloved member of this community, remembered with appreciation for his role as Minister of Spiritual Training and Counsel. A memorial service will be held Jan. 2 in Portland, Oregon.

Sign up to hold babies **Sasha** and **Maia** and help **Emma S** and **Shay**: <https://my.lotsahelpinghands.com/account/login>.

Prayers for safe travels as **Susan Hendershot** will be attending the UN Climate talks Nov. 30–Dec. 9 in Madrid, Spain. Susan asks for prayers that the global community will act together on the climate emergency.

Continued prayers for **Margie Coates**.

## Mental Health Ministry: Sharing Our Closing Prayer

At each **Mental Health Ministry** gathering (Forum, Spiritual Support Group, Companionship Gathering, and Leadership Team Meeting) we open and close with prayer. At our last Forum, it was requested that our **Closing Prayer** be shared with the whole congregation. We share this same prayer each time; it grounds us as we close our time together, and move forward into the coming days.

*Let us pray:* Life is short, and we do not have much time to gladden the hearts of those who travel with us. So be swift to love and make haste to be kind. As messengers of faith, giving hope and confidence and peace, you are blessed today by God, the creating one, by Jesus Christ, the redeeming one, and by the Holy Spirit, the sustaining one. Amen

— Robin Kempster, Parish Nurse

## Molly Baskette Vacation Dates

**Rev. Molly** will be on vacation and not answering email **Thurs., Nov. 21–Mon., Dec. 2**.

## THE CARILLON

Margaret Copeland, Editor  
Ben McKnight, Communications Specialist  
Deadline: Three weeks before event  
Email submissions to: [mcopeland@fccb.org](mailto:mcopeland@fccb.org)

*All submissions are subject to editing.*

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United Church of Christ  
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## The View from Here

**Louise Halsey**

**Congregational Care Program Manager**



I'm excited to share with you a change in my role here at First Church. As part of a number of strategic staff restructuring shifts we've made in 2019, I'm letting go of some administrative duties and shifting into the role of Congregational Care Program Manager (CCPM). What does this mean exactly? Congregational Care is all about providing support for each other as we go through life's inevitable ups and downs. First Church has a variety of ministries in place to provide support—someone to listen, be present, and accompany you through crisis or transition. Please contact me if you are in need of care, want to help in providing support, or for questions or more information. In addition, as CCPM, I'll be helping us live more fully into the beautiful values expressed in our Vision Statement (<https://www.firstchurchberkeley.org/vision/>)—more specifically “to grow in intimacy as the weird and wonderful body of Christ.” This value meets my longing to do more face to face, people-focused work in our beloved community as we “grow in love for one another.”

I'll continue to support existing programs and groups like the Pastoral Care and Visitation teams, First Friends, our dedicated Sunday Ushers, and Summer Small Groups. And I'll have more time to focus on expanding opportunities for us to connect more deeply with one another through more small groups offerings and more intentional volunteer engagement. My hope is that with your involvement and input (look for an invitation to participate in an online survey about small groups coming soon) we can co-create some of these opportunities together.

I've also just wrapped up another 8-month training program in nonviolent communication (NVC) (my second round), and I look forward to sharing more about this experience in an upcoming Learning Hour (along with my husband Jim Coates) on Sun. Dec. 8. Please join us. The concept of empathy, which literally means “feeling with” or “feeling into,” is one of the focal points of NVC, and a practice I've found deepens connections with oneself and others. I'm imagining ways we as a faith community could engage in this practice, and Jim and I will be offering **Empathy Training Sessions** for those who want to learn and practice two Tuesday evenings a month beginning December and running through March. Our December gatherings will take place on **Dec. 10, 6:30–8:30 pm** in **Durant Room** and **Dec. 17, 6:30 to 8:30 pm** in **Loper Chapel** (please check our community calendar for 2020 dates: <https://www.firstchurchberkeley.org/events/#calendar>). These will be concentrated trainings to develop empathy skills, and we'd like folks to attend at least three of the eight sessions. For more information and to sign up, email me at [lhalsey@fccb.org](mailto:lhalsey@fccb.org).

I look forward to deepening my connection with you in this new role and welcome your support.  
Thanks be to God.

*Louise*

## The Carillon Goes Digital in 2020

As part of a series of strategic communications shifts at First Church, *The Carillon* will take on a new look and form beginning this **January 2020**. Our Communications Specialist **Ben McKnight** will launch a new, user-friendly format for the **digital Carillon**, highlighting church news and events in a **weekly email blast** that links to featured stories on our new website. All who currently receive *The Carillon* via email will continue to do so. For those who want to subscribe, go to [firstchurchberkeley.org/email](http://firstchurchberkeley.org/email).

Beginning in January, we will no longer produce the print Carillon. We say a heartfelt thank you and goodbye to **Margaret Copeland** as *Carillon* editor, who, since 2008, has patiently and steadfastly produced both the print and electronic versions. While a print format has served us well for generations, we have reached a season where digital communication offers us far more flexibility, allowing us to streamline content, reduce redundancy between formats, and reach a wider community more effectively. We will also bid farewell to the **View from Here** column in its current form, which will allow us to feature other written and video content. **Louise Halsey** will continue her ministry of curating poetry for the newsletter in some form, which speaks to so many.

In preparation for this transition, we will be thoughtfully reviewing the modest list of folks who receive the print Carillon, the majority of whom also receive it via email. For the small group of elders who may not have email access, we are currently exploring the best way to print and mail a copy of the digital Carillon. We are committed to keeping all folks as connected as possible!

Of course, *The Carillon* is just one way we share news and events! We remain committed to sharing church news via multiple methods, including our newly redesigned website ([firstchurchberkeley.org](http://firstchurchberkeley.org)), banners, Sunday worship announcements (submit requests to [communications@fcb.org](mailto:communications@fcb.org) by **Thurs. at noon**) and slides before and after worship, our Public Facebook Page ([facebook.com/FirstChurchBerkeley](https://facebook.com/FirstChurchBerkeley)) and our Private Facebook Community Group ([facebook.com/groups/FirstChurchBerkeley/](https://facebook.com/groups/FirstChurchBerkeley/)), Instagram posts ([@FirstChurchBerkeley](https://@FirstChurchBerkeley)), specialized newsletters for Young Adult News, YES & Winthrop News (Youth), and Children & Family News, posts via Realm Connect App (our church database), and even a newly installed chalkboard on Dana Street! And look for a fresh redesign of our Sunday **Order of Worship** a little later in 2020.

## Did You Know...?

...that as of Nov. 20, the church has received **142 commitments** totaling **\$623,579** for 2020?

## Sidewalk Sacred

The “hellstrip” of dirt between the turf lawn and the sidewalk on the Dana St. side of church is finally coming together as sacred space after the fire!

**Roger Bash** has designed and fabricated a chalkboard designed to let us tell our community about upcoming events and let folks interact with us as they walk by. Look for prompts that



you can answer with holy wonderings, perhaps starting with our Advent theme, “What are you waiting for?” And in the coming months, look for the space to fill out further with Roger Bash-designed benches and shade trees.

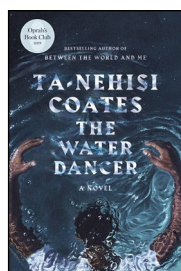
## Host a Neighborhood Caroling Mob!

Right around the corner are Advent and Christmas! We’re looking for a handful of folks to host neighborhood caroling parties throughout December to help us live into our vision of growing in intimacy as the weird and wonderful Body of Christ, and share some much-

needed joy with our neighbors! We’re calling them “**Caroling Mobs**”: A potluck, with optional tree-trimming, and caroling in the neighborhood. If you are interested in hosting one, contact **Kate Lucchese** soon for more information.

## Summer Small Group Book Group Continues

The **First Church Summer Small Group Book Group** decided to continue during the winter months, with meetings every other month. The next meeting is **Sat. Jan. 11, 2020, 10 am–12 pm**. They will be reading *The Water Dancer* by



**Ta-Nehisi Coates**, his first novel. All are invited to join them. If interested, contact **Willem VandeKamp** by **Sat., Nov. 30**. They will meet at the home of one of the group members.

## Next Green Team Meeting

The **Green Team** will be meeting on **Sun., Dec. 1 at 9 am** in **Room 7**. All are welcome.

## Coming Up!

### Helping Hands Benefit Concert

Sat., Nov. 30, 6 pm, Sanctuary

### Advent Retreat

Sat., Dec. 7, 9:30 am, Pillar Room

### Advent Craft Workshop

Sun., Dec. 8, 11:45 am, Pillar Room

### Music Sunday

Sun., Dec. 15, 10 am, Sanctuary

### Women's Retreat

Fri.-Sat., Mar. 13-14, Offsite

# THE CARILLON

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PERIODICALS POSTAGE PAID AT BERKELEY, CA

## Post-Thanksgiving Leftovers & Games

Enjoy a post-Thanksgiving time to celebrate community, play games, and eat on **Fri., Nov. 29, 3-6 pm!** Bring your Thanksgiving leftovers and/or a favorite game to play, or just bring yourself. Hosted by the young adult community at **Rowan Peterson's** house. Open to all ages!

## Help Needed for Helping Hands Concert

Our opportunity to give back to the community is fast approaching! The **Helping Hands Concert** to benefit the disaster victims of our recent fires is **Sat., Nov. 30, 6-8 pm** and we could use some assistance. We need cookies for a light reception after the concert, a couple of people to manage the reception, and ushers to collect the goodwill offering during the concert. If you would like to help in any of these roles, please contact **Richard Brabham**. These same concerts raised \$13,000 for us when we had our fire in 2016! Please spread the word via Facebook and any other place possible with this link: <https://youtu.be/F6qTtBMx4LQ> to maximize this opportunity to help others!

## FCCB Book Group

The next FCCB Book Group meeting will be **Fri., Dec. 13** at **Mary-Ellis Adams'** house. *Their Eyes Were Watching God* by Zora Neale Thurston. Contact the host with any questions.

## YES & Winthrop News

[sfread@fccb.org](mailto:sfread@fccb.org)

### YES & Winthrop

- **Sun., Nov. 24 & Dec. 1, 11:45 am, Tower Room**
- **Sun., Dec. 15, 11:45 am, Lunch** (at church), Caroling & Cookie Shine, *Piedmont Gardens & Tower Room*

## Weekly Calendar

### Sunday November 24

**SONGS OF THE SOUL REHEARSAL**  
8 am, Room 4, EBSB  
**MENTAL HEALTH MINISTRY**  
8:45 am, Room 5, EBSB  
**AFFORDABLE HOUSING GROUP**  
9 am, Room 7, EBSB  
**WORSHIP**  
10 am, Sanctuary  
**AFTER PARTY**  
11:15 am, Terrace  
**GOSPEL CHOIR REHEARSAL**  
11:45 am, Sanctuary  
**YES & WINTHROP YOUTH GROUPS**  
11:45 am, Tower Room

### Wednesday 27

**BIBLE STUDY**  
7 pm, Pillar Room

### Thursday 28

**THANKSGIVING HOLIDAY**  
Church office is closed

### Friday 29

**THANKSGIVING HOLIDAY**  
Church office is closed

### Saturday 30

**HANGING OF THE GREENS**  
1 pm, Sanctuary/Hall of Entrance

### Sunday December 1

**SONGS OF THE SOUL REHEARSAL**  
8 am, Room 4, EBSB  
**GREEN TEAM**  
9 am, Room 7, EBSB  
**WINTHROP WREATH PREORDERING**  
Before and after worship, Cloister  
**WORSHIP**  
10 am, Sanctuary  
**AFTER PARTY**  
11:15 am, Terrace  
**FIRST SUNDAY UKES REHEARSAL**  
11:15 am, Sanctuary  
**MONTHLY MINISTRY MEETINGS AT 11:45 AM:**  
**ADULT ED** Bride's Room  
**CF&I** Loper Chapel  
**FAMCHY** Pillar Room  
**JUSTICE & SERVICE** Room 7, EBSB  
**SF&A** (No meeting; will meet Dec. 8)  
**WORSHIP & SPIRITUAL LIFE** Sanctuary  
**YES & WINTHROP YOUTH GROUPS**  
11:45 am, Tower Room

### Monday 2

**MINDFULNESS MEDITATION**  
6 pm, Loper Chapel

### Tuesday 3

**REV. MOLLY'S OFFICE HOURS**  
9:15-10:30 am, 1951 Coffee Company  
2410 Channing Way, Berkeley

### Wednesday 4

**OPEN CHAPEL: DINNER & WORSHIP**  
6 pm, Loper Chapel  
**BIBLE STUDY**  
7 pm, Durant Room

### Thursday 5

**CO-WORKING COMMUNITY**  
1 pm, Tower Room  
**RACISTS ANONYMOUS**  
6:15 pm, Durant Room  
**BELL CHOIR REHEARSAL**  
7 pm, Pillar Room  
**SANCTUARY CHOIR REHEARSAL**  
7 pm, Sanctuary

### Saturday 7

**ADVENT RETREAT**  
9:30 am, Loper Chapel

## Protest March to Support the Homeless

**Nichola Torbett**, of First Congregational Church of Oakland, urges members of First Church to participate in a protest march on **Sat., Nov. 23** to protest against housing speculators who keep homeless people from becoming housed. These speculators are buying up properties and then either sitting on them as tax write-offs, flipping them, or raising rents. There are currently four units of vacant housing for every unhoused person as a result.

The march starts at **noon**, leaving from **Mosswood Park, Oakland** with an interfaith contingent that will march together. **Meet at the corner of Broadway & MacArthur at 11:30 am.** For more information, contact **Alice Clark**.

## Young Adult News

[knovotny@fccb.org](mailto:knovotny@fccb.org)

- **Thurs., Nov. 21, 9:30-11 am, Rev. Kit's Office Hours, Highwire Coffee, 2049 San Pablo Ave., Berkeley**
- **Sat., Nov. 23, 2:30-4 pm, Young Adult Book Group, Tower Room**
- **Sun., Nov. 24, 5-7 pm, Young Adult Pizza Party, Durant Room**
- **Wed., Dec. 3, 6 pm, Open Chapel: Dinner + Worship, Loper Chapel**



# Welcome Our New Members



November 2019



## Chelsea Boyle

she/her

Chelsea, pictured here with her daughter, is an undergraduate student at Cal studying cognitive science. She is interested in neuroscience, linguistics, Philosophy of Mind, and mathematics. Her hobbies are sewing, plant-based dyes, and learning about natural building.



## Paul Sterzing

he/him/his

Paul was born and raised in rural Wisconsin in Crivitz, population under 1,000. He spends his days as a youth violence prevention researcher and professor at Cal. His superpowers include pop culture trivia, pizza making, and napping.

## David Beausoleil

he/him/his

David grew up on the central coast in the San Luis Obispo area. He works in HR at UC Berkeley. David enjoys swimming at the Y, spending time with his dog, and taking intro Improv classes.