

First Congregational Church of Berkeley  
**"POINTS OF CONNECTION"**  
 Winter 2021\*

Day	Time	Activity	Description	Zoom Link	Contact
<b>EVERY SUNDAY</b>	8:30 AM	<b>Sunday School Ages preschool - Grade 2</b>	Kids gather for half an hour every week to sing, pray, share how they're doing and learn a new Bible story.	<a href="https://us02web.zoom.us/j/360665866">https://us02web.zoom.us/j/360665866</a>	Carolyn Ash (clash@fccb.org)
	9:00 AM	<b>Sunday School Grades 3 - 6</b>	Kids gather for half an hour every week to check-in with each other, explore a new part of the Bible, and pray.	<a href="https://us02web.zoom.us/j/360665866">https://us02web.zoom.us/j/360665866</a>	Carolyn Ash (clash@fccb.org)
	9:15 - 10 AM	<b>Welcome Table</b>	A church member will host to answer questions from church members or visitors and to provide a place where all can meet to chat before the Sunday service begins.	<a href="https://us02web.zoom.us/j/84697658756">https://us02web.zoom.us/j/84697658756</a>	N/A
	10 - 11:15 AM	<b>Worship Service</b>	Sermon, music, prayer, celebration!	<a href="https://www.firstchurchberkeley.org/waich/">https://www.firstchurchberkeley.org/waich/</a>	N/A
	11:15 AM - 12 PM	<b>"After-Party"</b>	Coffee hour	<a href="https://zoom.us/j/743427341">https://zoom.us/j/743427341</a>	N/A
	12:15 - 1:30 PM	<b>Learning Hour</b>	Adult education fosters spiritual, psychological, intellectual growth and knowledge, supporting learning opportunities that arise from within and beyond our community. We sponsor programs and lectures that deepen our lives on a variety of topics including social justice issues, as we collaborate with church ministries, teams, and staff.	<a href="https://us02web.zoom.us/j/88967740143?pwd=M1pqRE92SnZBbZKNmpveIBKVtNRdz09">https://us02web.zoom.us/j/88967740143?pwd=M1pqRE92SnZBbZKNmpveIBKVtNRdz09</a>	Ron Elsdon (ronelsdon@gmail.com)
	3:30 - 4:30 PM	<b>YES Youth Group</b>	Middle School Youth Group	<a href="https://us02web.zoom.us/j/88577916366">https://us02web.zoom.us/j/88577916366</a>	Sara Fread (sfread@fccb.org)
<b>SUNDAY (except 1st)</b>	11:15 - 11:30 AM	<b>Chancel Communion</b>	"Chancel communion" is the service of Holy Communion, usually led by ordained members of our church, that occurs after the service every Sunday except the 1st Sunday of the month, when it's part of the service	<a href="https://us02web.zoom.us/j/81848029793?pwd=ZjJPL0RhMDRtQzNjJdFNvVWw0OFVXZz09">https://us02web.zoom.us/j/81848029793?pwd=ZjJPL0RhMDRtQzNjJdFNvVWw0OFVXZz09</a>	Reverend Nancy DeNero (nsdenero@mac.com)
<b>SUNDAY (2nd)</b>	1 - 2 PM	<b>Baby &amp; Toddler Parent Group</b>	Are you parenting a baby or toddler who is under five years old? Would you like to socialize with other parents who are part of the wider First Church Berkeley community? Join us for a drop in social gathering via Zoom. No agenda, just chatting with friends and laughing at the antics of our children.	<a href="https://zoom.us/j/96731668800?pwd=RjUQrMXB4d1kvcFo5Yy9qQldWLOrjQTO9">https://zoom.us/j/96731668800?pwd=RjUQrMXB4d1kvcFo5Yy9qQldWLOrjQTO9</a>	Emma S. (calipoppy22@gmail.com)
<b>SUNDAY (2nd &amp; 4th)</b>	1:45 - 2:45 PM	<b>Winthrop Youth Group</b>	High School Youth Group	<a href="https://us02web.zoom.us/j/88577916366">https://us02web.zoom.us/j/88577916366</a>	Sara Fread (sfread@fccb.org)
<b>SUNDAY (4th)</b>	7 - 8 PM	<b>Taize Worship Service</b>	Taizé, an ecumenical form of meditative prayer, originated in the French village of Taizé. During the prayer service, we sing short chants as a form of meditation. In addition to the chants, there are readings, prayer intercessions, and silence. A Taizé service is a peaceful, calming, and spiritually uplifting time of prayer. All are welcome. No prior experience is necessary!	<a href="https://us02web.zoom.us/j/85296975451">https://us02web.zoom.us/j/85296975451</a>	Michele (michelemcgeoy@gmail.com)

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<b>MONDAY (1st &amp; 3rd)</b>	6 - 7 PM	<b>Mindfulness Meditation</b>	Curious about meditation? But convinced it wouldn't work for you? A small meditation group has been meeting at FCCB for since 2009. We meet in Loper Chapel at 6:00 pm on the 1st and 3rd Mondays of each month. The group is led by long-time meditation teachers Barbara McHugh and Bill Coffin. This is a great place to learn more about meditation; there are two guided sits and plenty of time for Q&A. These sessions last about 1 ¼ hours, so it should be easy to fit into your day.	<a href="https://us02web.zoom.us/j/650570407?pwd=VDNPMUxFaHc5NzdHVFN2MCIteTVRdz09">https://us02web.zoom.us/j/650570407?pwd=VDNPMUxFaHc5NzdHVFN2MCIteTVRdz09</a>	Barbara McHugh (barbara@eclipsoid.com) and Bill Coffin (billc@eclipsoid.com)
<b>TUESDAY (1st)</b>	6:30 - 8 PM	<b>Ukulele Ensemble (a.k.a. Uke-atastrophe)</b>	Explore the fun side of music-making with the all-ages Ukulele Ensemble, led by Kate Lucchese. No experience required, and loaner ukuleles are available.	<a href="https://us02web.zoom.us/j/82045887740?pwd=N1NjWk1aNEp0R2dOMWhJVVlxZ21Wdz09">https://us02web.zoom.us/j/82045887740?pwd=N1NjWk1aNEp0R2dOMWhJVVlxZ21Wdz09</a>	Kate Lucchese (kathrynlucchese@mac.com)
<b>WEDNESDAY</b>	5-6 PM	<b>Pastor's Office Hours</b>	Drop in at any time for support, prayer, connection, to say hello! The pastors will alternate weeks on Wednesdays. Please contact them to see when their next rotation will be.	<a href="https://us02web.zoom.us/j/88279031756">https://us02web.zoom.us/j/88279031756</a> <u>If you prefer to call in from a landline, dial 1-669-900-9128 and enter the meeting ID: 882 7903 1756.</u>	Molly Baskette (reverendmolly@gmail.com) or Kelly Colwell (kelly.colwell@gmail.com)
	7 - 8 PM	<b>Progressive Bible Study</b>	In the Progressive Christian Bible Study (PCBS), we understand what we do as conversation, conversation with the text, with our ancestors in faith, with time (theirs and ours), and with G-d. And that conversation is not a monologue (or for the spiritually squeamish)! Every voice counts. PCBS is unabashedly 'progressive' in orientation. For us, 'progressive Christianity' understands each of us as continually evolving in our experience of G-d ... if we're doing faith right, that is. That growth is nurtured by challenging unexamined beliefs and interrogating shallow understandings. That's what we're about at PCBS, that and nuts (...you'll have to join us on Wednesday evenings to find out about the nuts!)	<a href="https://us02web.zoom.us/j/798618498">https://us02web.zoom.us/j/798618498</a>	Geoffrey Gaskins (ggaskins@progressiveevangelical.org)
<b>WEDNESDAY (1st)</b>	6:00 PM	<b>Open Chapel: Young Adult Worship</b>	Open Chapel is a space that centers young adult experience (ages approximately 18-40) but welcomes participants of all ages. Together (on Zoom now, but hopefully back in person soon) we gather, check in, sing, pray, crack open Scripture together, share Communion, and build community. It typically lasts about ninety minutes. In person it includes dinner--on Zoom, we often eat during the beginning, although we're all eating in our homes!	<a href="https://zoom.us/j/906176831">https://zoom.us/j/906176831</a>	Reverend Kelly Colwell (kelly.colwell@gmail.com)

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THURSDAY	5 - 6 PM	<b>Gentle Yoga Stretches</b>	Connect to your body, breath, and spirit as we practice gentle yoga together.	<a href="https://us02web.zoom.us/j/615943415">https://us02web.zoom.us/j/615943415</a>	Louise Halsey (lhalsey@fccb.org)
	6:30 PM	<b>Choir Rehearsal - Gospel Choir</b>	Nourish your soul singing gospel standards, from spirituals to contemporary classics! We learn by listening as well as through sheet music—beginners welcome.	<a href="https://us02web.zoom.us/j/83484883201?pwd=Y2FBROlNXFYVTRaS05FT2ZDNVk2Zz09">https://us02web.zoom.us/j/83484883201?pwd=Y2FBROlNXFYVTRaS05FT2ZDNVk2Zz09</a>	Derek Tam (dtam@fccb.org)
	7:15 PM	<b>Choir Rehearsal - Sanctuary Choir</b>	Sing everything from Bach to Broadway in four-part harmony! While the ability to read music is encouraged, all are welcome and Derek periodically offers sight singing workshops.	<a href="https://us02web.zoom.us/j/83484883201?pwd=Y2FBROlNXFYVTRaS05FT2ZDNVk2Zz09">https://us02web.zoom.us/j/83484883201?pwd=Y2FBROlNXFYVTRaS05FT2ZDNVk2Zz09</a>	Derek Tam (dtam@fccb.org)
THURSDAY (1st & 3rd)	2:30 - 4 PM	<b>Job Search/Self-Employment Group</b>	Are you looking for employment or considering starting your own business? We meet twice monthly to gain insights and exchange ideas about securing a new position, or successfully engaging in self-employment. Please email Ron Elsdon if you would like to join our group or have any questions about the group.	<a href="https://us02web.zoom.us/j/87343108679?pwd=WGNhbEoyVGhnTkxRMHc5U3pXNlZrZz09">https://us02web.zoom.us/j/87343108679?pwd=WGNhbEoyVGhnTkxRMHc5U3pXNlZrZz09</a>	Ron Elsdon (ronelsdon@gmail.com)
THURSDAY (2nd & 4th)	12:00 PM	<b>Seeing Through Photography</b>	If you are looking for community around a shared interest in photography, join us by Zoom the second and fourth Thursdays of every month at noon. For more information, please email Linda.	<a href="https://us02web.zoom.us/j/88679678898?pwd=ZkV2YXdkKa1VnNDJFa2RMNUxwexJrQT09">https://us02web.zoom.us/j/88679678898?pwd=ZkV2YXdkKa1VnNDJFa2RMNUxwexJrQT09</a>	Linda Elsdon (lindaelsdon@gmail.com)
FRIDAY	10:00 AM	<b>Motley Few--Coffee and Conversation</b>	Just a chance to get together with a few church folks for coffee and conversation.	<a href="https://us02web.zoom.us/j/722634340">https://us02web.zoom.us/j/722634340</a>	Helen ( 510-504-2140)
FRIDAY (1st)	10:00 AM	<b>Motley Few--Virtual Open Mic on First Fridays</b>	With the endless grind of sheltering in place ... why not perk up with a FCCB virtual Coffee house open mic. Share your creativity during COVID for some good times!	<a href="https://us02web.zoom.us/j/722634340">https://us02web.zoom.us/j/722634340</a>	Helen ( 510-504-2140)
FRIDAY (2nd)	2 - 4 PM	<b>Friday Book Group</b>	View reading schedule here: <a href="https://www.firstchurchberkeley.org/fccb-book-group/">https://www.firstchurchberkeley.org/fccb-book-group/</a>	<a href="https://us02web.zoom.us/j/88536766783?pwd=cUJlYlRlHjVpbFVWwEY1YVb21vZz09">https://us02web.zoom.us/j/88536766783?pwd=cUJlYlRlHjVpbFVWwEY1YVb21vZz09</a>	Katie Brookes (ktbrookes@icloud.com)
SATURDAY (1st)	5:00 PM	<b>Taize Choir</b>	Enjoy singing chants with beautiful 4-part harmonies, led by Michele McGeoy. All are welcome. No need to know how to read music.	<a href="https://us02web.zoom.us/j/85060922899">https://us02web.zoom.us/j/85060922899</a>	Michele (michelemcgeoy@gmail.com)
SATURDAY (3rd)	1:00 PM	<b>Parent Support Circle</b>	This monthly drop-in support group is open to parents and caregivers of children and youth, a place to share ideas, process frustrations, and deepen connections with others. Facilitated by Licensed Marriage & Family Therapists.	<a href="https://us02web.zoom.us/j/82252474468">https://us02web.zoom.us/j/82252474468</a>	Jeanne Strauss (jeannemstrauss@gmail.com)

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