



About the Author

The Rev. Dr. Beverly Dale ("Rev. Bev") is an ordained minister whose calling has a specific focus: to help people of faith heal from the wounds of Christian theology that divorces the spirit from the body. She is the founder of the Incarnation Institute for Sex & Faith, an educational nonprofit that teaches an inclusive, science-friendly, and sex-positive Christianity. Her previous work was aimed at sexual health professionals and clergy, *Advancing Sexual Health for the Christian Client, Data and Dogma*. This new book is for the rest of us.

Both self-help guide and spiritual inspiration, *Who Told You That You Were Naked?* is packed with meditations that are biblically grounded and tangibly liberating. Each meditation includes a prayer and prompts for reflection, with themes focusing on purity culture, sacred-sexual bodies, and ethics without repression.

Who Told You That You Were Naked? takes the body's experiences seriously and honestly, wrapping readers in love where they are wounded, inviting holistic reflection on the faith that informs our living, and encouraging movement to (re)connect the spirit and the flesh.

Advance Praise for *Who Told You That You Were Naked?*

The Rev. Dr. Marvin M. Ellison, author of *Making Love Just*, commends:

"This book sizzles because Bev Dale appreciates how spirituality, at its best, is about *desire*. ... Taking up this sacred work allows us to reclaim our divine birthright: a full measure of pleasure, justice, and joy."

The Rev. Dr. Rebecca Voelkel, author of *Carnal Knowledge of God*, affirms:

"[Beverly Dale] refuses the binaries which are the result of a dominant, distorted, colonized, and colonizing Christianity. Mind, body, and spirit are inextricably woven and celebrated for the bodacious, sacred, healing gift they are."

The Rev. Amy Johnson, UCC Minister for Sexuality Education & Justice, praises:

"In a world where religion has been complicit in cultivating shame and stigma around bodies and relationships, *Who Told You That You Were Naked?* is a refreshing and bold antidote."

To book a program for her national book tour contact: Admin@incarnationinstitute.org

The location of the stops on the book tour can be found at www.BeverlyDale.org